NOVEMBER, 2025 Vol. 6

# DYSA CHRONICLES





The latest news from Delaware Youth Soccer

# US Youth Soccer Announces Roundglass Living as Official Wellbeing Partner

This partnership will provide mental health resources and wholistic wellbeing support to the entire USYS community

US Youth Soccer (USYS) is proud to announce a groundbreaking national partnership with Roundglass, a global leader in wholistic wellbeing, as the Official Wellbeing Partner of the largest youth sport organization in the country. This collaboration represents a transformative commitment to investing in the health of every player, coach, referee, administrator, family member, and volunteer across USYS's 54 State Associations.

Through this partnership, US Youth Soccer and Roundglass will provide unprecedented access to the Roundglass Living App, which delivers personalized wellbeing plans that make lasting change simple, one step at a time. With science-backed guidance tailored to each individual, goals like less stress, stronger performance and better sleep can become the foundation for thriving athletes, engaged families, and championship cultures.

"We are excited to collaborate with Roundglass to support the wellbeing of every player, coach, and family in the US Youth Soccer community. This partnership is about helping everyone live healthier, happier lives both on the field and beyond," said Tom Condone, USYS CEO.

IN THIS ISSUE

#### **USYS Welcomes New Partner Roundglass**

### PRESIDENT'S CORNER

### **CLUB NEWS**



#### Key components of the partnership include:

- Free access to Roundglass Living for all registered players, coaches, referees, administrators, and their families
- Programs that empower athletes to improve their performance by optimizing their physical and mental strength.
- Mental health and wellbeing workshops integrated into USYS development programs for players, coaches, and referees across all four geographic regions.
- Community activation events promoting healthy habits, mindfulness, and inclusive belonging at regional and national championships.
- Ongoing content delivered from world-class wellness experts and thought leaders.

"Sport is one of the most powerful teachers in a young person's life. It builds lifelong strength; sport must nurture more than just skills. It must support the whole person. That is why we are thrilled to partner with US Youth Soccer to bring the Roundglass Living app to its teams. Together, we are equipping young athletes with the habits, tools, and mindset to thrive not just in competition but in life," said Gurpreet "Sunny" Singh, Founder of Roundglass.

Together, US Youth Soccer and Roundglass are creating an environment where every individual in the youth soccer ecosystem is supported as a whole person and empowered to reach their full potential. For more information about accessing the Roundglass Living app through this partnership, members should contact their State Association or visit <a href="https://roundglassliving.com/sports/usys">https://roundglassliving.com/sports/usys</a>.

SAFEGUARDING



The Center for SafeSport is offering free live and on-demand trainings for coaches and administrators around the 2025 MAAPP. Please feel free to share <a href="IHIS RESOURCE">IHIS RESOURCE</a> within your membership, which also includes information about addressing emotional & physical misconduct, creating positive & inclusive environments, and other abuse prevention resources.

If you have any questions, please reach out to Bria (bduvall@ussoccer.org) or Sophia (smiller@ussoccer.org).

# **DYSA CHRONICLES**

#### PRESIDENT'S CORNER

DYSA MEMBERS,

AS MY COLLEGE COACH USE TO SAY "YOUR HAVING A GOOD SEASON WHEN YOU START PLAYING IN LAYERS!!!" GOOD LUCK TO ALL OUR TEAMS AS YOU WRAP UP YOUR FALL SEASONS!!! LOOKING FORWARD TO SOME GREAT TOURNAMENT POST IN THE COMING

THANKS,

CHAD REED DYSA PRESIDENT

#### LOOK WHAT'S HAPPENING STATEWIDE:

NOV. 9, 2025; 9:0 DEC. 26-27, 2025 FEB. 21-22, 2026 MAY, 2026 JUNE 6-7, 2026 SEPT., 2026

NOV. 9. 2025: 9:00 AM DE PRE ODP EARLY ID SESSION, FIELD HOUSE, WILM, DE ODE WINTER CAMP, FIELD HOUSE, WILM, DE KENT COUNTY FUTSAL CLASSIC, KENT COUNTY PARKS & REC. ANNUAL MICKEY WHERRY REC. TOURNAMENT, KENT COUNTY ODE EAST REG. TOURNAMENT, TBD RUSH TO THE SHORE CUP. GEORGETOWN. DE (SANDHILL)



#### The Delaware Girl's Initiative Kicks off at Oberle Elementary

Monday, October 6 marks the start of the fall season at Oberle Elementary School, Training is held on Mondays for 3 through 5th grade girls with over 30 young ladies participating. Tuesday's will be our second session with 30 girls K through 2 grade learning the fundamentals of grass roots soccer.

This season Coach Imran Khan returns with some help on Mondays from Assistant Coach Emma Funk. Emma is a sophomore Human Physiology major at the University of Delaware! Soccer has been a part of her life since she was four years old and it helped shape her into the individual she is today. When asked how this endeavor is important to her, Emma stated "Getting the opportunity to help other girls explore different sides of themselves and discover new passions is something I am truly grateful for. Sports is such an incredible way to transform how we view our current social systems and their implied norms, especially since you get to do it all while having fun and growing!"

Tuesday's at Oberle also brings a new face to the pitch to help Coach Imran. DYSA welcomes Assistant Coach Raul Reid who hails from Jamaica. Coach Reid currently is a coach at Odessa High School and Delaware FC. He holds JFF (Jamaica's Football Federation) Level 1 (2011) and United Soccer Coaches "Goalkeeper Coaching Diploma" Levels 1 and 2 (2019) licensures. When asked what are your goals for soccer? Coach Raul stated "to teach and introduce the basics and fundamentals of the game as easily as possible...so they become good habits to have."

DYSA and the Delaware Girl's Soccer Initiative are thrilled to welcome Emma and Raul to the pitch!





From pink eye to the flu, ChristianaCare-GoHealth Urgent Care is your go-to when school-year illnesses strike. Save your spot online or just walk in nearby so your child can get back in the game (and classroom) faster. For more information visit www.gohealthuc.com

#### Prioritizing Wellbeing Across Delaware Soccer by: Sebastian Acosta, Executive Director

DYSA continues to strengthen its commitment to player development, community support, and holistic wellbeing across Delaware soccer.

Recently, representatives from DYSA attended the USYS Grassroots Symposium, where new opportunities were explored to enhance the player experience and overall wellness within our soccer community.

#### Focusing on Wellbeing with Roundglass Living

DYSA has officially joined forces with Roundglass Living, US Youth Soccer's new official wellbeing partner. Through this collaboration, all DYSA players, coaches, administrators, and parents will receive free access to holistic wellbeing resources designed to support mental, physical, and emotional health.

The Roundglass app will also provide valuable insights into statewide trends related to player needs, helping us better understand and support our members. This partnership comes at no cost to DYSA or any affiliated clubs.

More details will be shared in the coming weeks as we prepare for the official announcement on the DYSA website and social media platforms.

DYSA remains dedicated to fostering a positive, inclusive, and healthy soccer culture across Delaware, one that supports both the growth of the game and the wellbeing of every participant.



Each year Delaware Youth Soccer Association honors the coaches, administrators, volunteers and referees who made the most impact during a given season. Anyone can submit a person for consideration for Coach of the Year (Rec and Travel and Male and Female), Administrator of the Year, TOPSoccer Buddy of the Year, TopSoccer Coach of the Year and Volunteer of the Year.

State winners will be honored at the Annual DYSA Awards Luncheon on February 1, 2026 at Wild Quail Country Club. Nominations will also be forwarded to US Youth Soccer for consideration as a National Winner

Volunteers are the backbone of any organization and DYSA is no different. Please take a moment to nominate a coach, volunteer, administrator, TopSoccer Buddy or Coach, that has impacted your child's soccer experience. This year we have added the Dr. Lew Atkinson Coach Mentor of the Year. This award honors exceptional male and female coach mentors who have demonstrated extraordinary dedication to developing coaches and positively impacting the Delaware soccer community. Named in memory of Dr. Lew Atkinson, a lifelong advocate for coaching education, leadership, and mentorship in Delaware youth soccer. This award is DYSA only and will not be forwarded to US Youth Soccer.

If you would like to nominate a coach, volunteer, administrator, TopSoccer Buddy or Coach, please click on the link below. The deadline to submit a nomination to DYSA is November 7, 2025 at 9 AM.

To complete a nomination form please click here

The DYSA Awards Committee will then review each nomination and select a winner from each category as our State winner and to represent Delaware for US Youth Soccer.

Questions may be directed to sacosta@dysa.org



DISCOUNTS ALL YEAR LONG. NEED A GIFT FOR THE UPCOMING FALL/HOLIDAY SEASON, CLICK THE COUPON BELOW FOR MONEY SAVING DISCOUNTS. REMEMBER. . . EVERY SEASON STARTS WITH DICK'S SPORTING GOODS!



Delaware Pre-ODP Early Identification Session Sunday, November 9, 2025 from 9:00 AM - 10:00AM

### **REGISTER NOW**

Birth Years: 2015 (U11), and 2016 (U10)

(+\*2014 (U12) that missed tryouts are eligible to attend)

Genders: Boys & Girls

Location: Chase Fieldhouse, Indoor Turf Field, 401 Garasches Lane, Wilmington, DE 19801

Cost: \$40/player

The Delaware ODP Staff will be providing an opportunity for 2015 and 2016 Boys and Girls (2014 players that missed tryouts are also able to participate) to participate in an early identification session at the Chase Fieldhouse on November 9, 2025.

The purpose of the session is to assist the players in their development and allow the players to be introduced to some of the Delaware ODP professional staff coaches, and for our staff to begin the identification process for next year's U12 (2015) and the following year's U12 (2016) ODP journey (and to work with some current U12 (2014) players that missed the ODP events this year so far.).

#### Staff

Tyler Bastianelli, Director of Delaware ODP & Talent Identification

The session structure will include:

- · Activation phase to get the players physically ready to play.
- Technical development phase to demonstrate and teach technical skills.
- Small group activity + Small Sided Games.
- · Cool down phase.

This Pre-ODP Clinic is not a formal tryout, this event will help our staff to begin to identify talented players for next years tryouts when they are U11/U12 and ready to tryout for the official ODP Program.

The official ODP age groups begin at U12, and next year's tryouts for Delaware ODP 2026-2027 season are tentatively August 2026, and this will help us get familiar with the incoming group of players before tryouts. We plan to have another Pre-ODP clinic in the Spring as well, so we keep in touch with the players.

Wear: Your club's dark colored game socks and game shorts, and game jersey! (This is just a recommendation; the players can wear whatever they are comfortable training in.)

Footwear & Equipment: Cleats, shin guards, please bring a soccer ball if you have one. Bring: Water & Water bottle!

"We are excited to start working with the young players and get an early look at the next years players to begin the identification process."

Thank you,

Tyler Bastianelli
Director of Talent Identification & DE ODP Director







# New Balance Footwear Store

# Instructions

- 1. Set up an account at <a href="https://www.newbalanceteam.com/">https://www.newbalanceteam.com/</a>
  - 1. You must sign up to purchase from a team store
- 2. Access the store via link below
  - 1. You must be logged in before clicking the team store link
  - 2. You can also view your team's stores in your account's "Locker"
- 3. Check out like any standard online shopping experience
  - 1. Items are automatically discounted
- 4. For questions on completed orders, or for help logging in or checking out:
  - 1. Refer to your order confirmation email
  - 2. Contact Customer Care
    - 1. https://www.newbalanceteam.com/customer-care

# **Store Link**

New Balance Footwear Store Link

Passcode: NBFW25

# **Size Chart**

Go to Help at the bottom of the store

Size Guide will be in the bottom left corner

# Questions

Text or call (844-628-3267)

Email Customer Care at customercare@newbalanceteam.com





# KENT COUNTY FUTSAL CLASSIC Hosted by Route 1 Sports

Location: Kent County Parks & RecreationDover, Delaware

# **Dates:**

**Boys:** Saturday, February 21, 2026 **Girls:** Sunday, February 22, 2026

# **Event Highlights:**

- 5v5 Indoor Soccer (4 field players + 1 Goalkeeper) Open to U8–U15 Teams Each Team Guaranteed 3 Games

- Fast-Paced 25 minute Matches
- Championship Awards for Each Division

More Info + Registration:route1sports.org/delawarefutbolacademy/tournaments



# **ROUTE 1 SPORTS is hosting the Coastal Shootout**

- Delaware Turf Sports Complex Frederica, DE
- April 18–19, 2026
- Open to U8–U19 Boys & Girls Teams

Join us for a competitive, fun-filled weekend on premium turf fields at one of the top facilities in the region!

More info & registration please visit: route1sports.org/delawarefutbolacademy/tournaments

# **DYSA CHRONICLES**

# **CLUB NEWS**





# TOPSOCCER

RSC will be kicking off their TOPSOCCER program beginning:

Saturdays, Sept. 5 through Nov. 1 \*\*\* excluding Sat. Oct. 11.

12pm-1pm

River Soccer Complex 32221 Gum Rd. Frankford, DE 19945

Ages 3-18 welcome.

Soccer coaches and administrators of all levels are invited to unite with their soccer coaching community for a truly unforgettable four-day convention experience in Philadelphia, Pennsylvania.

Join Us At the 2026 United Soccer Coaches Convention

From lecture and field coaching demonstrations to the latest gear and technology available in the Exhibit Hall, the United Soccer Coaches Convention is a must-attend for any individual looking to update their coaching resume.

This year's convention will be held January 14-17, 2026. To register or for more information (click here)

Please register at Riversoccerclub.com Go to Recreational Program / Program Divisions see description.

No Cost to participants. All participants receive a TOPS jersey and ball.

Anyone interested in participating as a player or a buddy, please join us.

For more information: contact Pam Green at email = pgreen63@gmail.com



S3 Harvest Cup
Nov 22-23, 2025 U8 to U14 Girls and Boys

S3 is excited to announce its' newest offering, The Harvest Cup, The Harvest Cup will take place at Chase Field House (Wilmington, DE) and surrounding high quality facilities. The event will be open to U8 to U14 Boys and Girls teams and offer multiple levels of competition to appeal to clubs of all ability levels. Don't miss out on this end of season tournament, that will feature professional management, elite facilities and multiple levels of competition.

Click here to register:



DYSA IS PLEASED TO HAVE THE SUPPORT OF THESE SPONSORS FOR THE 25/26 SOCCER SEASON:



# DELAWARE ORTHOPAEDIC SPECIALISTS

















HERE FOR YOUR HOME TEAM NIGHTS, WEEKENDS & HOLIDAYS